



Mobbing and Health: an Empirical Analysis for Spain

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The objective of this paper is to analyze empirically the impact that mobbing has on the health of workers in Spain. Based on the Sixth Spanish Survey on Working Conditions (VIENCT 2006), we study the differences in health among mobbed and not mobbed workers, measured as the perceived impact of job on health and bad health symptoms. We find that mobbing victims exhibit worse performance of such health indicators. Next we estimate the effect of being mobbed on the probability of suffering from health problems, taking into account the potential endogeneity of mobbing. Our estimates show a positive effect, meaning that being a mobbing victim increases significantly the probability of having bad health.

Keywords: Bullying at workplace, Moral harassment, Health.

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